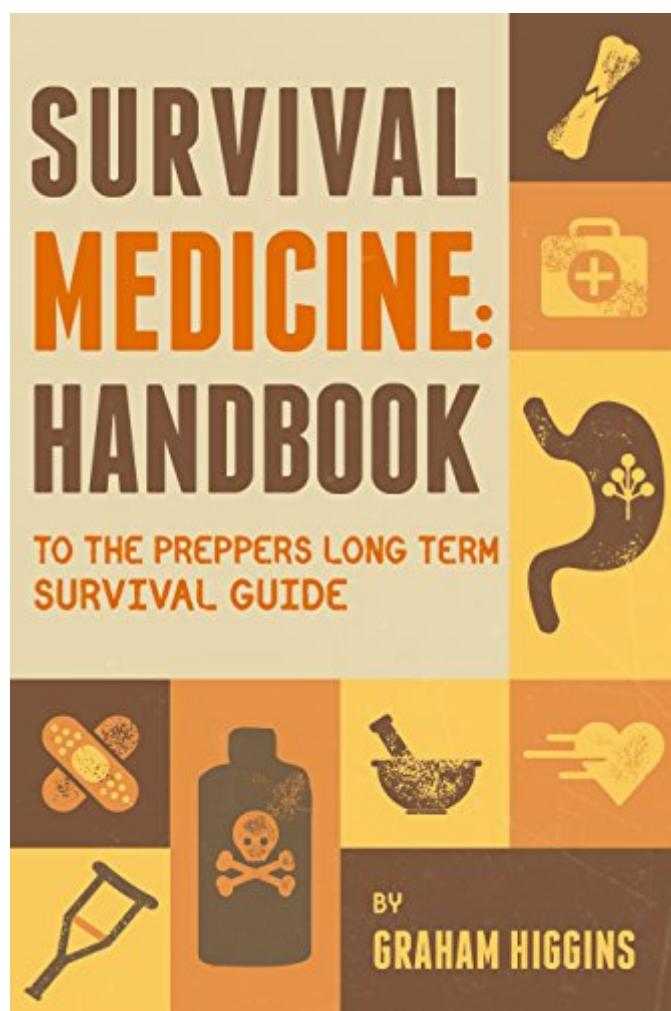


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# Survival Medicine: Handbook To The Prepper's Long Term Survival Guide



## Synopsis

Are you all-set for the next natural disaster, apocalypse, or crisis? If you've planned, you may have the essentials like non-perishable foods, water, flashlights, and maybe a first-aid kit. While these things are great, you may need to know and store more when long-term crisis hits. So, what do you do? Many people do not realize that a first-aid kit is not sufficient for many survival situations, especially those that last for an extended period of time. The problem is that if you need medicine, you are not going to be able to find it. You cannot go to the doctor and it's likely that your local pharmacy has already been raided for supplies. It is in these trying times where survival is essential. **What Exactly is Survival Medicine?** Survival medicine is the knowledge and ability to care for everything from small scratches to serious injuries in an emergency. It is a skill that can save you, your family, and anyone else you may encounter that needs help. **Why Survival Medicine is Important** Many people look at survival medicine as stocking up on some helpful over-the-counter medicines and coverings for wounds for their survival kit. However, survival medicine entails much more. To be adequately prepared, you must know what to do once your supplies run out. Survival medicine teaches you about common ailments, good over-the-counter medications to stock up on, and how to use your surroundings to make medicine in an emergency, by relying on herbs, berries, and other plants. Disasters like political unrest, natural events, or an apocalypse can last a few days, a few months, or even longer. Events during this time are unpredictable. The conditions of the situation and the stress that the people living through it undergo result in an elevated risk of injury. Because of unsanitary conditions, illnesses are also common. This is especially true once you run out of your stored food supply and need to rely on supplementing from nature. By brushing up on your survival medicine, you can save your own life, the life of someone you love, or the life of a stranger. With this, you'll be able to think on your feet and potentially save someone's life.

## Book Information

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## **Customer Reviews**

There are many social disruptions around us like wars, political unrests, natural calamities that can cause necessitiy of possesing survival medicine handbook. With unrest there always come along life threatening challenges. Some of these diffciulities might include the struggle of finding clean water, proper medical care, as well as food. Endurance trianings come handy, mental discipline will help with survival , proper medical survival handbook can be a real help when it comes to the situation that the person doesn't know how to handle. The medice survival handbook helps in awas that someone can react with confidence. One can also find plenty of info about the equipment, kind of items, gears to use in order to be few steps ahead of the mistrap. Book describes survivalisms, preppers and how to become one, natural medication to be found in the environment...

My husband and I are adventurous people, we always love to go to forests and see the world of the wild animals there is a time that one of our co-team was bitten by a snake, we don't know what to do we look for the first aid person but unfortunately, our co-team died and found out that the snake is very poisinous. I bought this book because I don't want to happen that again and I also want to learn on the different uses of plants as a medicine.

Preppers look like supermen, but they act in our real world. Planning your actions for a possible emergency and resources stocking are crucial preparations. Apparently, everyone must develop own survival skills, at least for some basic level. Also, I like the term 'wild medicine' - it reflects the essence of this stuff. And there is a good list of wild plants with medication effects here in this book. Strongly recommended to everyone!

A BOOK that tell you what supplies you need to survive a coming zombie apocalypse, an epic climate change flash freeze, or a plain old everyday power outage. The thing I like best about the book isn't just the projects, though. Cool tricks and tips won't just make your life more convenient- they will determine your ability to survive. It's rare that you find a book that allows you to use things you'd normally throw away for survival purposes.

I don't usually read books like these, but I always like to be prepared for anything and everything. With that being said, I feel that this is one of the best books out there to prepare you for almost any kind of survival situation. I've learned a ton of tips and tricks from this book, and I feel more confident that I am prepared for any situation after reading it. I would definitely suggest this book to anyone.

So many useful things in this book. A great book to have. You can never know too much. This book is the perfect companion to people who live by the idea 'you can never be too prepared. Needless to say I learned a lot from this book. Thanks!

I love to watch survival shows and I always thought that the people who took the time to learn about plants and their properties were better suited to survive because they always had a ready source of food and could heal themselves as well. This book has a lot of detail for such a short read and will give you a good working knowledge of how plants can heal you. Very informative read!

Overall, this is a valuable book to have in the case of a long term breakdown in our current medical system. While the book doesn't detail some procedures as well as a good wilderness medicine text, it does a good job covering the basics of almost every likely situation. Straight forward and very informative. You don't need a phd to understand it.

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